

#HelloYellow

YOUNGMINDS



**HUMPHREY PERKINS
SCHOOL**
Lionheart Educational Trust

Dear Parents and Carers,

We are writing to let you know that Humphrey Perkins School is taking part in #HelloYellow during the week of 10 October 2022 to highlight World Mental Health Day.

We'll be joining thousands of other schools by wearing yellow to show young people that how they feel matters, as well as raising money for YoungMinds. **To take part, students can wear a yellow accessory to school on Friday 14 October (full school uniform must be worn), and we ask that a £1 is donated to Young Minds, also on Friday there will be a sweet sale during break and lunch.**

Throughout the week students will hold discussions about Mental Health, take part in yellow treasure hunts and be invited to write affirmation comments in the library.

The number of young people in need of mental health support is growing faster than ever – nearly half a million young people are being referred for mental health problems every month. Most young people aren't getting the help they need, and this can't go on.

That's why this year #HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported. We couldn't *not* get involved.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. **Together, we can create a brighter future for children and young people.**

Kind regards,

The HP Charity Team

**THIS
MATTERS**

**JOIN
THE FUN**

**MY FEELINGS
MATTER**