



Mobile Phones



Humphrey Perkins
School





Mobile Phones – what's the issue?

- Mobile phones are **disruptive** to the learning day
- Loss of **concentration** via screen time
- Students are **messaging** other students when they should be working
- Some students will use social networking to **bully** others
- Unconsented videos and photos being taken – **safeguarding risk**
- We want to encourage you to be more **sociable** and **communicative**





Humphrey Perkins
School

Dependence = Psychological Impact

How is your phone changing you?



**Do Mobile
Phones
Affect Brain
Function?**



Teen social media statistics



Humphrey Perkins
School

- 91% of 16-24 year olds use the internet for social networking
- Social media use is linked with increased rates of anxiety, depression and poor sleep
- Social media has been described as more addictive than cigarettes and alcohol
- Research suggests that young people who spend more than 2 hours per day on social media are more likely to report poor mental health
- Fear of Missing Out (FOMO), unrealistic expectations, negative body image and general addiction are a real concern for young people

Redefining the Rules



Humphrey Perkins
School

Mobile phones are not allowed in school during structured (lessons) and unstructured times (in-between lessons, break/lunchtime, corridors etc).

If seen, your phone will be confiscated:

1st time = Phone confiscated by the member of staff and stored securely in the school office. Collect at the end of the day (0 behaviour points).

2nd time = Confiscated and stored in the school safe overnight – collect at the end of the following day (1 behaviour point).

3rd time = Confiscated and stored in the school safe until a parent can collect it on the following day. If your parent is unable to collect then it will be returned at the end of the week (2 behaviour points).

Sanctions



Humphrey Perkins
School

Refusing to hand over your phone – the consequences:

- Immediate after school detention for 1-2 hours
- You could be at risk of further sanction depending on the situation and the number of incidents:
 - Parent meeting
 - Isolation
 - Hosting at another school
 - Exclusion



What do you do if you need to contact home?



Humphrey Perkins
School

Just like it is now, you can make a phone call from the school office and your parents or family members can still get a message to you....



Let's maximise learning to unlock your potential....



Humphrey Perkins
School

**Learn everything you can,
anytime you can,
from anyone you can;
there will always
come a time when
you will be grateful you did.**

Sarah Caldwell

Thank you for listening 😊