



HUMPHREY PERKINS SCHOOL

Lionheart Educational Trust

Humphrey Perkins School
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Deputy CEO Jenny Piper-Gale
Associate Principal Della Bartram

27 February 2025

Dear Parents/Carers

I hope this email finds you well. We are thrilled to announce the launch of an exciting new programme at our school – Discovery 7!

This programme aims to develop students' leadership qualities and comprises of a number of challenges which they need to complete. Some of the challenges can be completed independently, however some do need to be completed in school. Each student has been given a Discovery 7 passport with 8 challenges outlined. They are to complete the challenges and have their teachers sign their passport, they will then receive a completion sticker. The 8 challenges are detailed below:

Challenge 1 – Lead a short activity in one of your lessons. This might be a warm up activity during PE or a Bell Work activity.

Challenge 2 – Pick a charity and raise £2 for it using any fundraising method you wish.

Challenge 3 – Write an acrostic poem about your time at Humphrey Perkins.

Challenge 4 – Complete a 1km distance. This could be a run, walk, bike or swim.

Challenge 5 – Attend at least 2 different extracurricular clubs.

Challenge 6 – Complete one Random Act of Kindness for someone.

Challenge 7 – Complete a sleep diary for 1 week.

Challenge 8 – Learn and recite at least one stanza of "Invictus" by William Ernest Henley.

We believe that the Discovery 7 Programme will be a transformative experience for our students, equipping them with the tools and confidence to excel in their future endeavours.

Thank you for your continued support and partnership in your child's education. We look forward to embarking on this exciting journey together.

Warm regards,

Mr D Bromley

Head of Year 7

