

Lesson	Week Beginning	Year 7	Year 8	Year 9	Year 10	Lesson	Week Beginning	Year 11
1	02 September 2024		METACOGNITION Learning How To Learn: Metacognitive Talk			1	02 September 2024	Learning How To Learn: Metacognitive Talk
2	09 September 2024	Establishing and Managing Friendships	Energy Drinks and their Dangers	Healthy and Unhealthy Friendships	Adolescence: Managing Emotions	2	09 September 2024	Fertility
3	16 September 2024	Identifying and Managing Emotions	Risks of Alcohol and Smoking	Drugs, Alcohol and Vapes	Signs of Emotional and Mental Ill-Health	3	16 September 2024	Ready for Parenthood
4	23 September 2024	Independent Travelling Safety	Risks of Vaping	Gang Culture	Promoting Mental and Emotional Wellbeing	4	23 September 2024	Unplanned Pregnancy
5	30 September 2024	Personal Safety and Basic First Aid	Medicinal and Recreational Drugs	Knife Crime	Challenging Stereotypes: Misinformation	5	30 September 2024	Forced Marriage
6	07 October 2024	Essential Skills	Work/Life Balance and Equality	Skills and Qualities	Evaluating Strengths and Weaknesses	6	07 October 2024	Menopause
7	14 October 2024	What is CEIAG?	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths	Opportunities in Learning and Work	7	14 October 2024	Using Constructive Feedback
HT	21 October 2024	HALF TERM				HT	21 October 2024	Half Term
8	28 October 2024	Skills and Qualities	Types of employment	Managing Emotions in the Workplace	Responsibilities in the Workplace	8	28 October 2024	Writing CVs and Personal Statements
9	04 November 2024	Identifying future careers aspirations	Goal Setting	P16 Options	Managing Health and Safety	9	04 November 2024	Interview Technique
10	11 November 2024	Challenging Stereotypes: Careers	Career Aspirations	Navigating your Career	Protecting Your Rights At Work	10	11 November 2024	Maximising Employability Including Online
11	18 November 2024	METACOGNITION Learning How To Learn: Revising for Exams				11	18 November 2024	Rights and Responsibilities: Part Time
12	25 November 2024	Identity and Rights	Influences on Beliefs and Decisions	Types of Families	Relationship Values and Positive Sexual Health	12	25 November 2024	Learning How To Learn: Revising for Exams
13	02 December 2024	Bullying and Cyberbullying	Gender Identity	Types of Parenting	Online Risks in Relationships	13	02 December 2024	Gender Identity and Sexual Orientation
14	09 December 2024	Challenging Stereotypes: Diversity	Equality Act and Protected Characteristics	Positive Family Relationships	Misconceptions in Relationships	14	09 December 2024	Communication in Relationships
15	16 December 2024	Challenging Discrimination	Challenging Discrimination: Disability	Types of Conflict	Consent: Manipulation and Co-Erction	15	16 December 2024	Handling Unwanted Attention and Challenging Harassment
HT	23 December 2024	CHRISTMAS				HT	23 December 2024	CHRISTMAS
HT	30 December 2024	CHRISTMAS				HT	30 December 2024	CHRISTMAS
16	06 January 2025	Being an Upstander (Response)	Challenging Discrimination: Racism	Conflict Resolution Strategies	Challenging Victim Blaming	16	06 January 2025	Relationships and Abuse
17	13 January 2025	METACOGNITION Learning How To Learn: Modelling				17	13 January 2025	Unhealthy and Exploitative Relationships
18	20 January 2025	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health	Role Models and Their Influence	18	20 January 2025	Learning How To Learn: Modelling
19	27 January 2025	Having a Healthy Diet	Daily Wellbeing	Work Life Balance	Misogyny, Toxic Masculinity and Its Impacts	19	27 January 2025	Forms of Government
20	03 February 2025	Personal Hygiene	Developing Resilience: In Person	Healthy Eating	Media Portrayal of Gang Culture	20	03 February 2025	Improving Your Local Community
21	10 February 2025	Dental and Physical Health	Developing Resilience: Digital	Influences on Body Image	Impact of Drugs and Alcohol on Others	21	10 February 2025	Dealing with Complex Issues Within the Law
HT	17 February 2025	HALF TERM				HT	17 February 2025	HALF TERM
22	24 February 2025	FGM	Healthy and Unhealthy Coping Strategies	Taking Responsibility for Your Health	Managing Peer Influence	22	24 February 2025	Learning How To Learn: Literacy
23	03 March 2025	METACOGNITION Learning How To Learn: Literacy				23	03 March 2025	Screening and Self Examination
24	10 March 2025	Developing Self Worth	Gender vs Sex	Sexual Choices	Inclusion and Belonging Within Communities	24	10 March 2025	Cosmetic and Aesthetic Body Alterations
25	17 March 2025	Types of Positive Relationships	Consent: The Law	Consent: Misconceptions, Capacity and Rights	Equality Act and Protected Characteristics	25	17 March 2025	Perseverance and Procrastination
26	24 March 2025	Relationships and Gender	Sexting	STDs and Safer Sex	Social Media: Influences on Beliefs and Opinions	26	24 March 2025	The Importance of Sleep
27	31 March 2025	Challenging Stereotypes: Media	Contraception	Relationships in the Media	Challenging Discrimination	27	31 March 2025	Exam Stress Management
28	07 April 2025	Consent: Seeking and Communicating	Social Media and Online Grooming	Sexual Risks of Social Media	Recognising and Responding to Radicalisation	28	07 April 2025	Managing Time Effectively
HT	14 April 2025	EASTER				HT	14 April 2025	EASTER
HT	21 April 2025	EASTER				HT	21 April 2025	EASTER
29	28 April 2025	METACOGNITION Learning How To Learn: Reflecting on Learning				29	28 April 2025	Learning How To Learn: Reflecting on Learning
30	05 May 2025	Roles of Citizens, Parliament and Monarchy	The Political System	Legal and Illegal Financial Activities	Electoral Systems	30	05 May 2025	What Does College and University Look Like
31	12 May 2025	British Law	How Parliament Works	Risk and Financial Activities	Key Elements of The UK Constitution	31	12 May 2025	Travelling Alone
32	19 May 2025	Community Links	How The Justice System Works	Cryptocurrency	Budgeting, Saving and Debt	32	19 May 2025	Living On Your Own
HT	26 May 2025	HALF TERM				HT	26 May 2025	HALF TERM
33	02 June 2025	Money Choices: Borrowing, Budgeting, Saving	Human Rights	Side Hustles and Their Dangers	Gambling and Debt	33	02 June 2025	Exams
34	09 June 2025	METACOGNITION Learning How To Learn: Putting Everything Together				34	09 June 2025	
35	16 June 2025	Critical Thinking: The Media	How Pay Deduction Works	Living On Your Own	Earning Your Money - Gross and Net Pay	35	16 June 2025	
36	23 June 2025	Critical Thinking: Social Media	Budgeting	Types of Accommodation	Tax Allowances and Universal Credit	36	23 June 2025	
37	30 June 2025	Critical Thinking: Role Models	Weighing Up Financial Offers	Bills and Utilities	Saving Your Money	37	30 June 2025	
38	07 July 2025	Critical Thinking: Life Skills	Credit vs Debit	Looking After Yourself	Investing Your Money	38	07 July 2025	